

## Making Friends by Fred Rogers

Learning to play and share with others can often bring up questions and feelings that need to be talked about. Use this book to start a conversation with your child about friendship. Explain what it means to be a friend, and talk about some of the easy and difficult aspects of friendship

**W**e all want our children to make and keep friends. Children who know how to form and maintain friendships tend to have good self-esteem, adjust well to school, and engage in fewer risky behaviors as teen-agers. You can help your child learn to be a good friend with these tips from the Illinois Early Learning Project:

- Model cooperation and kindness with other people.
- Invite friends over and find times for your child to play with others.
- Help your child recognize and respond to others' feelings.
- Discuss fairness with your child—how to take turns, how to share, and how to solve problems.
- Help your child learn words to express feelings.
- Discourage hurtful behaviors in your child, and offer other ways to solve problems.

Adapted with permission from the Illinois Early Learning Project.

## Read More—related books

**My Best Friend** by Mary Ann Rodman

**Yo! Yes?** by Chris Raschka

**Your pal Mo Willems presents Leonardo the terrible monster** by Mo Willems

**A splendid friend, indeed** by Suzanne Bloom

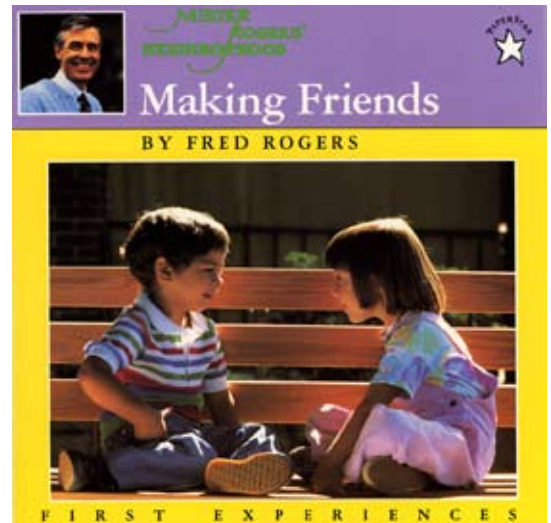
## Learn More—related information

### Illinois Early Learning Project

Making and Keeping Friends @ <http://illinoisearlylearning.org/tips.htm>

### NYU Child Study Center

<http://www.aboutourkids.org>



## View More—

related shows on WILL-TV

### IPost Cards from Buster

2/6 at 4:30 PM

### Best Friends

During a stopover in Winchester, Kentucky, Buster meets two best friends who remind Buster that friendship is about how you care for each other and what you do together.

### Caillou

2/16 at 6:30 AM

### Friends

This episode explores what it means to be a friend and features the segments Three's a Crowd, A Friend in Need, and Caillou's Big Friend.